



Winger Sports Academy is pleased to announce they will be running their popular After School Cross Country Club for all Year at Buttsbury Junior School.

Cross Country is one of the most basic forms of sports. Most children are born with the ability to run. With some specific sports coaching, training for Cross Country can see dramatic improvements in their running strength and running endurance. It will also help develop strong mental skills and build an improved sense of discipline towards running, other sports and life in general.

Some of the key adaptations and protective measures we are implementing for these clubs are listed below.

- Places available will be limited to ensure we can provide a safe and fun environment.
• The club sizes are inline within the government regulations.
• Hand washing/sanitising before and after club for children and staff.
• If a child develops symptoms they will be isolated and parent called immediately.

All Winger Sports Academy coaches are fully qualified, have Disclosure and Barring Service certificates, first aid training and experience in all sports.

Cross Country Club

Dates: Thursday 13th January 2022 - Thursday 31st March 2022 (No club H/T)

Time: 3.15pm - 4.15pm

Cost: £49.50 for 11 weeks

Places are limited so it will be a first come basis, so payment for the club needs to be paid by BACS in full by Friday 7th January 2022, for your child(ren) to be able to attend.

- Please email registration form to: mike@wingersportsacademy.com (please do not hand slips into the office).
• You will only hear from us if your child doesn't have a place at the Club.

BACS information below (please note, new bank details)

Account Name: HASHTAG7 LTD (WSA)

Account Number: 14329895

Sort Code: 04-06-05

Bank: Tides

Please reference: Child(ren)s Surname/BJS

For any further information please contact Mike on 07912 879927 or email mike@wingersportsacademy.com

www.wingersportsacademy.com

Registration Form WSA Ltd – Cross Country Club

Child's Name..... Age.....

Contact No..... Class.....

Medical Conditions.....

Parents/Guardian Signature.....

I agree that Winger Sports Academy reserve the right to remove any disruptive children from the club and that none of the parties involved with the organisation of this club can accept responsibility for loss or damage to person or property. Refunds cannot be made under any circumstances. By signing the form you have agreed that Winger Sports Academy may store my personal information for the companies own use and not pass on my private information to third parties. For more information please go to our T & Cs on our website.