



Personal, Social and Health Education (PSHE) Policy

Maximum Effort for Maximum Achievement

Aims of PSHE

Personal, Social and Health Education (PSHE) enables children to become healthy, independent and responsible members of society. Pupils are actively encouraged to play a positive role in contributing to the life of the school and the wider community. In doing so we help to develop pupils' sense of self-worth and we teach them how society is organised and governed. We ensure that pupils experience the process of democracy in school through the School Council and learn about democracy in the wider community in Year 6. We teach them about their rights and responsibilities and enable them to learn to appreciate what it means to be a positive member of a diverse multicultural society.

Curriculum Intent

We have a broad and balanced PSHE curriculum at Buttsbury Junior School where children are given the opportunity to master their learning by **'applying what they have learnt to a new situation'**.

- We recognise that we as individuals each have different identities and that it is important to share and celebrate the differences between us.
- We aim to identify the dreams the children aspire towards and plan appropriate steps to make their goals realistic and achievable.
- The children are aiming to understand the factors which influence a healthy lifestyle; children will be able to explain the significance of making healthy choices and the impact this will have on their lives.
- Children will recognise what constitutes a healthy relationship and the different forms this will take; from different types of families to how friendships can change as they grow older.
- Children will understand that they will face challenges during periods of transition in their lives and will be equipped with strategies to manage these difficult emotions.

Curriculum Implementation

Units of learning are blocked, well sequenced and build on previous learning. Lessons ensure that progress is achieved through small steps, allowing children to develop their subject knowledge, consolidate skills and apply their learning.

At Buttsbury Junior school, PSHE lessons may include:

- 'Calm Me' - time to reflect on our learning and prepare us for future learning.
- Group Discussion and 'Talk Partners' – opportunities to share ideas and respectfully listen to the responses of our peers.
- Drama and Role Play – activities to safely explore how the children may react in different scenarios and develop appropriate responses to difficult situations.
- Case studies – being able to share experiences and discuss solutions to problems.
- Collaborative working – children are able to work in mixed abilities pairs and small groups to share ideas

Curriculum Impact

As a result of our PSHE curriculum, children are equipped with the necessary knowledge and skills for the next stage of their education at secondary school. Children are resilient, well rounded individuals who are able to solve problems and over-come challenges they may face in their daily lives e.g. change or loss. Our children are emotionally secure and intelligent, they are equipped with tools to help them make safe, healthy and sensible decisions.

Teaching and Learning Styles:

PSHE is taught as a discrete subject for one hour every fortnight in each class throughout all four year groups. In addition to this, PSHE forms an integral part of the ethos of the school as a whole. Pupils are provided with a range of everyday experiences which play an important part in promoting the social, moral, spiritual, cultural, economic, mental and physical development of our pupils. PSHE is taught by a designated HLTA who is supported by the subject leader for PSHE.

PSHE is taught through a range of teaching and learning styles including discussion, drama, role-play, case studies and reflection and through the use of published materials including resources from Jigsaw PSHE.

The children are encouraged to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising or involvement in an activity to help other individuals or groups less fortunate than themselves. At the start of each academic year, pupils carry out class elections to elect representatives for the School Council. We offer children the opportunity to hear visiting speakers, such as health workers, police, fire service and representatives from the local church and other organisations, whom we invite into the school to talk about their role in creating a positive and supportive local community. These guest speakers also provide pupils with the opportunities to ask questions and seek advice if needed.

PSHE Curriculum Planning:

PSHE at Buttsbury Junior School follows the Jigsaw PSHE scheme. PSHE overlaps with other areas of our curriculum such as Science and RE. It also includes Sex and Relationships Education (SRE), Drug Education and Anti-Bullying. These areas all have their own policy documents.

We follow the units and planning ideas from the Jigsaw PSHE scheme of work. The scheme of work was implemented in the Summer Term 2019 to include the new Jigsaw materials and its use and impact have shown to have had a positive impact on the delivery of lessons. Children are provided with engaging tasks and extension activities in each lesson and scaffolded activities are provided when appropriate, which provides all children with the opportunity to become independent learners.

The scheme of work aims to develop skills in a range of health and well-being topics throughout the pupils' four years at the school. This approach ensures units are progressive and also enables pupils to develop into healthy, well-informed and well-rounded young people. The scheme of work also aids the transition of pupils in Year 3 and Year 6.

Year 3

- Being Me in My World
- Celebrating Differences
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

Year 4

- Being Me in My World
- Celebrating Differences
- Dreams and Goals
- Healthy Me
- Relationships

Year 5

- Being Me in My World
- Celebrating Differences
- Dreams and Goals
- Healthy Me
- Relationships

Year 6

- The UNCRC
- Celebrating Differences
- Dreams and Goals
- Healthy Me
- Relationships

Relationships and Sex Education (RSE) are taught in addition to this programme of PSHE. Please see RSE policy for further details.

We offer a variety of educational visits which offer opportunities for PSHE as well as supporting the teaching and learning of other curriculum areas. In Year 4, pupils are offered a two-day residential visit to Danbury in Essex. There is a particular focus on developing pupils' self-esteem and giving opportunities to develop leadership and co-operative skills through a range of outward bound and team work activities.

Assessment and Reporting to Parents:

Pupils have topic books to present their PSHE work in. These books are passed from Year 3 to Year 4 and then a new book will be passed between Year 5 to Year 6. In addition, some of our PSHE work is covered through discussion and role play activities therefore there is not always a written outcome.

The HLTA teaching PSHE to each class will evaluate the achievements of pupils

in PSHE and indicate whether each child is working towards, working at or working above the expected standard. Teachers will report these achievements to parents each year through the end of year report.

Monitoring and Review:

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. She/he is also responsible for supporting the HLTA in their delivery of the PSHE curriculum. The subject leader also seeks potential opportunities for training and subject development. The subject leader is also responsible for writing the PSHE action plan. This will involve evaluating strengths and weaknesses in the subject and indicating areas for further improvement. Monitoring time for the subject leader is provided once a term in order to enable her/him to fulfil this role by reviewing samples of children's work, visiting classes to observe teaching in the subject and carrying out pupil perception surveys.

Mastery

Effective mastery in PSHE encourages all pupils to consider their own personal values and beliefs, as well as those of others.

Pupils are provided with the opportunities to ask and respond to a variety of higher order questioning that reflect on their own values and opinions. Pupils are able to challenge the beliefs and ideas of their peers in a diplomatic discussion. Children ask their own deep-thinking questions and are given time to contribute to peer discussions and debates. Pupils learn deep, rich and coherent 'powerful knowledge' that they are then able to transfer to other areas of the curriculum and in the wider world.

A variety of stimuli is used to stimulate curiosity and deepen thinking. Children are able to apply these to a variety of written and practical activities within lessons. Pupils are encouraged to compare and contrast their own thoughts and opinions with others in a calm and respectful manner. As a result of this, pupils have a deep understanding of the actions, views and beliefs of others and the world around them.

Equal Opportunities

We aim to provide for the education of children of all ethnic and religious backgrounds. Where children have a physical disability, we aim to provide resources and learning experiences that will support their learning in PSHE.

Monitoring and review

Policy Date: Spring 2023

Review Date: Spring 2026