



## Physical Education at Buttsbury

At Buttsbury Infant School the **intent** of our Physical Education curriculum is to develop co-ordination, strength, stamina and sport specific skills. In our PE curriculum we aim to increase their fine and gross motor skills to lead into physical activities giving children the opportunity to learn different rules and tactics. We believe that our PE curriculum will contribute to a positive sense of well-being, a greater understanding of health and fitness, a healthy lifestyle and a feeling of self-confidence.

### How is Physical Education **implemented** at Buttsbury Infant school?

We encourage a healthy growth mindset by promoting social skills including good manners, resilience, perseverance, self-awareness, consideration and cooperation. The curriculum supports children to become fantastic role models and the very best versions of themselves.

Units of learning are blocked, well sequenced and build on previous learning. Lessons ensure that progress is achieved through small steps, allowing children to develop their subject knowledge, consolidate skills and apply their learning. Strands in Physical Education include: acquiring and developing skills, applying skills and using tactics, evaluating and improving performance.

At Buttsbury Infant school, Physical Education lessons may include:

- Warm up- understanding why these are important to our bodies
- Stretching- dynamic and static
- Skills Progression focus- variations of drills
- Application of skill to a game or routine (dance and gymnastics) scenario
- Cool down- focusing on stretching and regulating breathing
- Evaluation- positive evaluation for groupwork
- Subject knowledge development- correct use of sporting terminology
- Teacher/ Coach models
- Pupil experts
- Opportunities of mastery for all
- Range of equipment- adapted to suit individual needs
- All learners kept active throughout the lesson

### What is the **impact** of the Physical Education curriculum on our children?

Children will develop a love for PE and a range of sports. PE will meet the physical, social and emotional needs of all pupils, allowing all children to succeed and achieve mastery regardless of their ability. Pupils will be able to evaluate performance and skill development of themselves and their peers.

PE engagement and participation levels are high across the school in lessons and in extra-curricular clubs resulting in a greater sense of well-being, understanding of health and fitness and an increase feeling of self-confidence.

As a result of our Physical Education curriculum, children are equipped with the necessary knowledge and skills for the next stage of their education at junior school.

### What our children say about Physical Education

EYFS "I liked it when we did the monster moves." "I liked going on the benches."

Year 1 "I like PE as we used different passing skills with a partner."  
"Learning new skills and games, such as ensuring I count to 8 in dance."  
"I liked playing cricket with our visitor."

Year 2 "PE is fun because we get to do all sorts of different things."