



PSHE at Buttsbury

At Buttsbury Infant School the **intent** of our PSHE curriculum is to recognise that we as individuals each have different identities and that it is important to share and celebrate the differences between us. We aim to support children to recognise their dreams, set achievable goals and develop strategies to overcome obstacles. The children will begin to understand the factors which influence a healthy lifestyle and how these will impact their lives. Children will recognise what constitutes a healthy relationship and the different forms this will take; from different types of families to how to establish safe boundaries. Children will understand that there will be moments of transition and begin to learn strategies to manage any difficult emotions that may arise as a result.

How is PSHE **implemented** at Buttsbury Infant School?

We encourage a healthy growth mindset by promoting social skills including good manners, resilience, perseverance, self-awareness, consideration and cooperation. The curriculum supports children to become fantastic role models and the very best versions of themselves.

Units of learning are blocked, well sequenced and build on previous learning. Lessons ensure that progress is achieved through small steps, allowing children to develop their subject knowledge, consolidate skills and apply their learning. Strands in PSHE include: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me.

At Buttsbury Infant school, PSHE lessons may include:

- ‘Calm Me’ – time to reflect and prepare for learning.
- Group Discussions and ‘Talk Partners’- opportunities to share ideas and respectfully listen to the responses of peers.
- Drama and Role Play- activities to safely explore how the children may react in different scenarios and develop appropriate responses to difficult situations.
- Personal Reflection- the opportunity to reflect on their own experiences
- Independent activities- activities to complete independently to apply what children have been learning as a whole class.

What is the **impact** of the PSHE curriculum on our children?

Our curriculum....

As a result of our PSHE curriculum, children are equipped with the necessary knowledge and skills for the next stage of their education at junior school.

Children are resilient, well rounded individuals who are able to solve problems and overcome challenges they may face in their daily lives e.g. body changes and transitions. Children are emotionally secure and intelligent, they are equipped with tools to help them make safe and sensible decisions. As a result, the community of learners at Buttsbury Infant School are respectful, kind and self-sufficient, creating a positive environment for all to thrive.

What our children say about PSHE

EYFS- “The chime helps you to feel calm.”

Year 1- “We are learning about our similarities and differences. We also learnt about bullying and how we should tell a teacher.”

Year 2- “In PSHE, we learn about being kind to people.”